



**Supporting America's Largest Overseas U.S. Military Hospital
Landstuhl Hospital Care Project**

"The nation which forgets its defenders will be itself forgotten."

— Calvin Coolidge

And Combat Support Hospitals in Iraq and Afghanistan



LHCP Update

Helping Our Troops—Priceless

*By Karen Grimord, President and
Jim Spliedt, Vice President*

A towel, \$2.99; a DVD player, \$156.00; an autoclave, \$1,500; the look on a military troop's face when he or she opens a package from LHCP—"priceless." I love those commercials on TV, but never would have put it with LHCP until a recent email from Iraq stated, "the look on some of our soldiers faces when they got their robes was priceless. People have told me how they just regret not being able to wear them to work."

The definition of priceless is "having incalculable monetary, intellectual, or spiritual worth." To the supporters of LHCP, may reading this email make you smile knowing you were the origin of the "priceless" look.

This February a Virginia American Legion had a Sweethearts Dinner Dance benefit for LHCP. I spoke about the sharing of one's heart, and I was pleased to see so many present that would share their hearts with the troops serving our nation. Many of you give a piece of your heart to our troops on a regular basis through donations to LHCP. The gifts maybe of no real great monetary cost; however, they are received with the "priceless" look of gratitude on their faces.

The U.S. military logistics is very good at supplying our service men and women with the basic needs to do their jobs, as in the old saying, "Bullets, Beans, and Bandages." When I served, this is the only promise we were ever given and expected from military logistics. This is not to be confused with a "want"—and this is what LHCP does so well—provide comfort and care items we take for granted every day. What price is there for something such as a travel pillow or a bathrobe to those of us here? What is the price of these things to wounded troops with nothing more than the clothes on their backs, worrying constantly about the safety of the friends they left behind, and wondering what happens next? Or to those men and women who are doing their best to ensure these wounded are getting the best medical care possible day after day?

"Priceless" probably doesn't adequately describe the feeling to those service men and women that someone back home, who they don't know and will probably never meet, cared enough to send a pair of black shorts or pajamas to improve their comfort. Knowing LHCP makes such a difference leaves us with a priceless feeling, too!

Karen and Jim

Inside this issue:

Thank You Notes from Recipients	2
Block Scientific, Inc. Benefits Many	3
Fundraising News & Opportunities	4
Needs at LRMC & Combat Hospitals	5
LHCP Sponsors	6
Grimord Honored with Public Spirit Award	7
Honorees for 1st Quarter Shipments	7
Maine DAR Conference Supports LHCP	8

LHCP Board of Directors

Karen Grimord
LHCP.president@yahoo.com
James Spliedt II
LHCP.vicpres@yahoo.com
Sharon Buck
LHCP.treasurer@yahoo.com
Maria Waddell
LHCP.secretary@yahoo.com
Stitches of Love Projects

Newsletter Editor:
Rachel Hause, LHCP.newsletter@yahoo.com
Andrew Johnson, Staff Writer

Thank You Notes from Recipients of Our Donations

The wonderful email and “snail” mail that we receive is posted on our website. Click on the “Troop Thanks” button to read more of the thank you notes that come to LHCP. Here is a sampling from this quarter:

January 2008

I cannot believe how helpful your organization is. I received the last shipment of supplies, and of course they came in quite handy. The staff was amazed at the amount of supplies you were able to send... truth be told, so was I. We all also appreciate the letters regarding fallen military members; we all think that's really special of you. So, thank you very much. All supplies will be utilized. We will be looking forward to the next shipment of supplies.

Thanks again in advance.

☆☆☆☆☆☆☆☆☆☆☆☆☆☆

I wanted to thank you for the comfort items that you sent us. What a wonderful gift for the EMF Kuwait staff and patients to know that folks back home care, and are willing to go that extra mile to support those serving.

Your gifts have done wonders for morale, and are greatly appreciated. It means so much to know that people other than our families support the troops that are far from home. Your special gift as well as your time, love, and caring is very much appreciated.

Please pass my sincere appreciation to all of the members of Landstuhl Hospital Care Project. We look forward to the time when we can come home to our family and friends. God Bless you for your gifts of love and support. It has touched each of us in more ways than you will ever know.

Sincerely,
Charles E. xxxxx, CDR, USN
Command Chaplain
EMF Kuwait

I wanted to let you know that we received the sheets (wow! They are great!!), blankets, quilts, and CD players today. Thank you so much for the great and very welcomed donations for our guys and gals. You never know how far reaching your generosity is with all of us. I look forward to the bath blankets, and will let you know when they arrive.

You are an awesome lady, and I am fortunate to get to know you even a little bit. I hope to meet you in person one day. I will be honored to shake your hand (or give you a hug!).

Singly yours, L

☆☆☆☆☆☆☆☆☆☆☆☆☆☆

On behalf of the soldiers of the 2-3 Brigade Troops Battalion currently deployed to Iraq, I'd like to offer my sincere appreciation for your generous outpouring of support. Our soldiers selflessly serve their country with dedication and professionalism every day, without expecting much in return. When they receive a gesture of encouragement in the mail, it absolutely makes their day.

Please accept the enclosed gift as a token of our gratitude. Your support means so much and has made far-away soldiers feel a little closer to home.

Sincerely yours,
CPT Christopher F. Botterbusch
Home Detachment Commander

☆☆☆☆☆☆☆☆☆☆☆☆☆☆

February 2008

Thank you very much for all the wonderful goodies that we received. Everyone here at the AF Clinic enjoyed everything, and is overcome by the generosity and kindness you have shown to us. The towels are the best part. Everyone loves how soft they are, and that they are just a small part of home.

Being deployed for any amount of time can take a toll on anyone. Any packages received are a small reminder of what we are fighting for. For that we say thank you! Don't stop doing what you do.

Sincerely,
Capt NMC, SRA ASB

☆☆☆☆☆☆☆☆☆☆☆☆☆☆

Thanks for the emails in response to my letter. I didn't realize how big your organization is! Just realize how much everyone “out here” appreciates what you all do for the troops.

We are a surgical unit and love to operate on trauma patients. The problem is that someone has to get hurt before we can do our job. It is a double-edged sword!

Tell everyone in your organization how much we appreciate what they are doing for the troops. Sometimes, it is hard for me and the soldiers here on the ground to read on the Internet what the politicians say, and how some people at home don't support what we are doing. People like you and your organization help us feel supported, and feel like what we are doing is what we are supposed to be doing!

Keep warm and safe, and hug your family for us.

Xxx

☆☆☆☆☆☆☆☆☆☆☆☆☆☆

Karen, I will take all the blankets you wish to send me! We go through them like water through mesh (was going to say “water through a kidney,” being medical and all)!

The little med bags are great! I didn't know what they were really for before, but that's how I have been using them! Great for hiding feminine products! I placed a couple stuffed toys in one for a civilian patient with two small children at

Generosity of Block Scientific, Inc. Benefits Many

By Rachel Hause with Jeremy Linder, President, Block Scientific, Inc.



When LHCP receives requests for socks, shorts, sheets, and blankets, we post those requests on our website and

to our LHCP Yahoo Group. But what do we do when we get asked for a blood centrifuge or a hematology analyzer? We contact Jeremy Linder, president of Block Scientific, Inc.

Jeremy's name may sound familiar to LHCP supporters. He was pictured in our last newsletter with Karen Grimord at the Tomb of the Unknowns wreath laying ceremony at Arlington National Cemetery. As Linder explains, participating in the ceremony "was an honor and it

really makes you think about the sacrifice our troops are making."

Block Scientific, Inc. is a long-term corporate supporter of LHCP. To date, Block Scientific has donated a Clay Adams Dynac centrifuge, various microscopes, a Drew hematology analyzer, an autoclave, and sedimentation racks. The retail value of this equipment is over \$12,000.00.

When Linder is asked why Block Scientific offers continued support, he answers, "LHCP is doing a wonderful job helping our troops in Afghanistan and Iraq and we want to be a part of it."

As a message to other corporate leaders, Linder challenges, "We are all Americans and it is our duty to step in and assist our troops when we are at war and in times of crisis.

Block Scientific, Inc.
1170 Lincoln Avenue, Unit 11
Holbrook, NY 11741 USA
tel: 1-866-203-5777 (toll free)
tel: 631-589-1118
www.blockscientific.com
e-mail: info@blockscientific.com

All businesses can assist in one way or another. I never thought Block Scientific, Inc, a laboratory equipment and parts company could assist, but there was a need for us."

Our newsletter is read by medical contacts who use the equipment Block Scientific donates. Linder, an Air Force veteran, wants our military medical personnel to know, "Block Scientific supports you 100% and we thank you for your dedication to the mission. Please feel free to contact us if there is anything we can do to assist."

Troop Thanks (Continued)

home. She loved it! I still have plenty of the med bags right now, 20 or so.

Thanks!
86th CSH, TF Mosul

☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆

March 2008

I really appreciate the last package you sent us. The look on some of our soldiers' faces when they got their robes was priceless. People have told me how they just regret not being able to wear them to work. The blankets are being used to help keep patients comfortable who have to be here for one or more days.

The rest of the hospital staff and I really would like to thank you. Thank you for all of your help again. —SFC CD

☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆

You guys are awesome! Do you ever get tired of me telling you that? I sure hope not, as I want to say it loud enough for all to hear!!! You are more wonderful than I think you realize!

To that end, I want to let you know that we received the shipments of robes (oh my gosh, they are soo nice!), watches, PJ's, phone cards (another oh my gosh!!!), CD's, clocks, towels, blankets, cookies, cookies, COOKIES, and so much more! It's like Christmas all over again, and everyone here is amazed and impressed by the incredible way you have of supporting us. I just don't have enough words in my vocabulary to express how much the items you send are appreciated by so many. I am always overwhelmed by your love, energy and

generosity. You are truly and angel doing God's work here on earth.

Karen, Please know I love and respect you more than I can ever say. HAPPY SPRING, my friend!!

LHCP Welcomes New Officer and Board Member

Since January 15, Maria Waddell has served as secretary for LHCP. Maria works for an environmental consulting company in Wilmington, NC. She describes herself as an Army brat, as her father was career Army who served two tours in Viet Nam. She still feels tied to the military and wants to help support the troops through LHCP as much as she can.—Welcome, Maria!

Outgoing secretary Rachel Hause is staying involved with LHCP by remaining as newsletter editor.

Fundraising News and Opportunities

By Andrew Johnson, Staff Writer

LHCP Now CFC Charity!

After qualifying for the 2008 Combined Federal Campaign program (CFC), LHCP is now a



CFC Charity. Federal employees—you asked for this and we are proud to deliver—you can now support Landstuhl Hospital Care Project with a CFC contribution.

As the world's largest and most successful annual workplace charity campaign, the mission of CFC is to promote and support philanthropy through a program that is employee focused, cost-efficient, and effective in providing all federal employees the opportunity to improve the quality of life for all. With more than 300 ongoing campaigns, CFC is able to generate millions of dollars each year to support programs on both a national and international level. In 2005, the campaign generated \$268.5 million to support eligible nonprofit organizations that provide health and human service benefits throughout the world.

The U.S. Office of Personnel Management (OPM) screens all participating CFC charities, and requires a strict eligibility review in order to qualify for the program. Charities approved to receive funds through CFC are obligated to submit an extensive review of financial and governance practices, and are screened against the IRS Master File of exempt organizations. These practices ensure that organizations are registered as 501(c)(3) charities, to which donations are tax deductible, and that organizations are providing services on a local, state, national or international level. This criterion

was designed to guarantee donors that only legitimate and credible organizations are admitted to the CFC. This strict eligibility review has set standards for participation in giving requirements that “transcend the community.”

Legion Benefit in Virginia

Valentine's Day 2008 was not only a day to show appreciation to your loved one, but also a day to express ongoing support for the American military, thanks to an American Legion in Woodbridge, Virginia.



The *Sweethearts for Heroes Benefit Dinner Dance*, sponsored by the **American Legion family of Post, Auxiliary Unit, and SAL 364 in Woodbridge, Virginia**, was held Feb. 16, featuring the Radford Brothers Band. The benefit was organized to raise funds for LHCP. Several thousand dollars was raised for LHCP through ticket sales, raffles and a silent auction. Sherry Karlson, Second Vice President of Unit 364, organized a wide array of auction and raffle items, which included a pair of diamond earrings from Quinn's Goldsmith.

Motorcycle Ride in New York

The **Norwich, NY American Legion Riders from Post 189** continue to show their support for LHCP. For the third consecutive year, riders from Post 189 will sponsor its Annual Benefit Poker Run in order to raise support for LHCP and wounded military members. The event is



scheduled for **May 17 at 10 AM, rain or shine**, with a \$10 entry fee for each rider.

Starting at the Norwich American Legion Post, the motorcycle run is a scenic and leisurely 70-mile ride with a chase vehicle. The ride is followed by a gathering at American Legion Post 189. Snacks, beverages and awards will be provided.

All motorcycles and clubs are welcome to join. For more information, call Bill at (607) 656-5697, or email at ALRPost189@yahoo.com

GoodSearch Internet Browser

The ability to provide financial support to LHCP is now literally at your fingertips. Donate from home, just by searching the internet.



GoodSearch Internet Browser is a search engine that also carries a unique social mission—with every internet search using GoodSearch, financial donations will be generated to support your favorite charity.

LHCP is one of the organizations supported by GoodSearch. With your choice to support LHCP, 50 percent of the revenue generated from advertisers (about 1 cent per search) will be shared with our organization.

Go to www.goodsearch.com to download the toolbar or for more information.

If you would like to organize a fundraiser for Landstuhl Hospital Care Project, contact one of the LHCP officers listed on page 1. We have a volunteer coordinator who works specifically with youth and scouting groups.

Needed Items for the Wounded at LRMC & at CSH

Cash donations as well as donations of requested items are always welcome.

Please make checks payable to:
Landstuhl Hospital Care Project
and send to:

Sharon Buck, LHCP Treasurer
52 Seminole Trail
Ft. Mitchell, AL 36856
(note new address)

Mail packages of requested items to:
Landstuhl Hospital Care Project
Attn: Karen Grimord
29 Greenleaf Terrace
Stafford, VA 22556

LHCP is a 501(c)(3) tax-exempt nonprofit organization.

Recent Shipments

January 2008 = 2,202 pounds

LRMC = 60 pounds (1 contact)
Afghanistan = 219 pounds (4 contacts)
Iraq = 1,695 pounds (15 contacts)
Kuwait = 228 pounds (1 contact)

February 2008 = 2,776 pounds

LRMC = 200 pounds (1 contact)
Afghanistan = 640 pounds (4 contacts)
Iraq = 1,798 pounds (18 contacts)
Kuwait = 138 pounds (1 contact)

March 2008 = 2,867 pounds

LRMC = 145 pounds (1 contact)
Afghanistan = 369 pounds (3 contacts)
Iraq = 2,074 pounds (20 contacts)
Kuwait = 279 pounds (1 contact)

33 different contacts served during first quarter received 7,845 pounds.



We support Landstuhl Regional Medical Center and Combat Support Hospitals. If you are donating needed items, please purchase new items that match the specifics given below. People who work with patients on a daily basis have provided this information. Sizes and color (uniform requirements) matter. Please remember our female patients, too. Starred items (*) can be gently used. Lists of needed items are updated each month on our website. Thank you!

Items to Support Landstuhl Regional Medical Center for April 2008

Important Notice: Due to the overwhelming generosity of many individuals, groups, and organizations, Landstuhl Regional Medical Center (LRMC) in Germany cannot—until further notice—receive any additional donations except those listed below. LRMC has indicated that certain items are in supply for up to a year while other items may be needed sooner. We will update our list as LRMC informs us of their wishes. Please check our website on a regular basis.

Polo shirts—L-XL-M-S (in this order)
Long sleeve t-shirts/shirts—L-XL-M-S (in this order)
Hanes jogging jersey cotton shorts (black) M, L, XL (6 to 8 inch inseam)
Men's white ankle socks
Men's slippers (slip-on, non-slip) sizes 8-14
Small hand held mirrors
Toe nail clippers
Hand-held electronic games
Healthy snack bars, chocolate, and candy
CDs (no violent lyrics) and DVDs (no extreme violence or nudity – no VHS tapes)
iTunes Cards and iPod Shuffles
LHCP Comfort Pillows or Travel Pillows

Items to Support Hospitals in Iraq and Afghanistan for April 2008

NEEDED NOW Twin-size pillows
NEEDED NOW Standard-size pillow cases
NEEDED NOW Black shorts L-XL-XXL-M (needed in this order)
NEEDED NOW Lubriderm lotion, large bottles (Please put inside ZIP LOCK BAGS)
NEEDED NOW DVD movies (no extreme violence or nudity, no VHS tapes)
Full-size towels
Socks (white)
Men's boxers and men's boxer-briefs (dark colors, NO MEN'S BRIEFS)
T-shirts (NO LOGOS)
Running shoes (men's sizes 9-13)
Wrist watches for medics and patients
Shaving gel (Please put inside ZIP LOCK BAGS)
Toe nail clippers
Snacks: trail mix, hard candy, jerky, granola bars, peanuts (no popcorn, please)
Electronics: 15 portable DVD players, CDs (no violent lyrics), power converters
Birthday Candles and Plates
Current magazines—sports, hunting, car, nursing, medical, healthcare
Leathermen multipurpose tools
Battery or wind-up clocks
Physician Desk Reference books (2008)
Otosopes and reflex hammers.
Sphgmomanometer
CARDS AND LETTERS OF SUPPORT ARE ALWAYS WELCOMED

Additional items are listed at www.LandstuhlHospitalCareProject.org—HOW TO HELP

LHCP Sponsors — Thank you for your generosity!

First Quarter Sponsors—2008

American Legion Auxiliary Unit 71, Urbana, IL
 American Legion Auxiliary Unit 162, Lorton, VA
 American Legion Auxiliary Unit 364, Woodbridge, VA
 American Legion Auxiliary Unit 428, Amberg, WI
 American Legion Auxiliary Unit 787, Cicero, NY
 American Legion Post 71 SAL Squadron, Urbana, IL
 American Legion Post 364, Woodbridge, VA
 BAE Systems, Rockville, MD
 Borders, Woodbridge, VA
 Boy Scout Troop 521—Dickerson Eagle Scout Project, Ashland, VA
 Brownie Girl Scout Troop 64, Leesburg, FL
 Bryan Cave LLP, Washington, D.C.
 Call Legal Solutions, Layton, UT
 Cardinal Health, Williamsburg, VA
 Church of the Resurrection, Overland Park, KS
 C&T Associates, Inc., Souderton, PA
 Daisy Troop 1430, Louisville, KY
 DAR—Gabilan Chapter, Gilroy, CA
 DAR, TX
 Delaware County Quilters
 Emmanuel Faith Com. Church, Escondido, CA
 Energy Delivery Services, Inc., Austin, TX
 Glencoe-Silver Lake High School National Honor Society Community Drive, MN
 Knitting Ladies from Valencia Plalrus, FL
 Locker Stocker
 Mutual First Federal, Omaha, NE
 Nancy Marshall Communications, Augusta, ME
 Operation Flip Flop, Riverdale, UT
 Order of the Eastern Star—Grand Chapter of Louisiana, Lafayette Chapter 46, LA
 Oyster River High School, Durham, NH
 Quilts, Overland Park, KS
 Quilt Closet, Escondido, CA
 Red Hatters, Tamarac, FL
 Sassy Scrubs, Penn Yan, NY
 Sewing Communicators, Woodbridge, VA
 St. Joseph Mercy Health System, Ann Harbor, MI
 Standard Textile Company, Inc., Cincinnati, OH
 Stepco Roofing, Inc.
 Sturgeon Electric Co., Henderson, CO
 The Church of Jesus Christ of Latter Day Saints, Battle Creek, MI
 The Federation of International Trade Associations, Reston, VA
 The Grannies, Whitewood, SD
 Utica National, Utica, NY
 Venture Publishing LLC, Neosh, MO
 Veterans of Modern Warfare, Pullman, WA
 VFW, Leesport, PA
 VFW Post 573, Clarksburg, WV
 VFW Ladies Auxiliary 573, Clarksburg, WV
 VFW Ladies Auxiliary 9059, Dartmouth, MA
 www.TheSoldiersproject.org, Los Angeles, CA

Ms. K. Alexander, WA
 P. Ansley, UT
 Mr. and Mrs. R. Arseculeratne, VA
 Ms. J. Badgley, MI
 Ms. A. Bambrick, UT
 Ms. A. Barowski, UT
 Mr. and Mrs. D. Bath, AL
 Mr. D. Bath, AL
 Mr. T. Beck, VA

Col. and Mrs. M. Bennett, OH
 Mr. and Mrs. G. Bertsch, OH
 Ms. M. Best, TX
 Mr. and Mrs. C. Blair, UT
 Mr. M. Bolt, PA
 Mr. and Mrs. P. Boshen, WI
 Mr. R. Bower, VA
 Ms. R. Braband, CA
 Ms. K. Bradley, NY
 Ms. E. Brady, FL
 Ms. J. Brown, IL
 Ms. S. Buck, AL
 Mr. R. Carter, MA
 Ms. H. Chasin, VA
 HS. Clark, CA
 Ms. P. Cross, VA
 Mr. P. Cyril, CA
 Ms. B. D'Ambrosio, MA
 Ms. R. Danielewicz, NY
 Ms. P. Danish, MD
 Mr. and Mrs. E. Day, CA
 B. Dickerson, VA
 Ms. S. Dietz, CA
 Mr. W. DiPerna, VA
 Ms. M. Dix, VA
 Mr. M. Doty, NC
 Mr. A. Drott, AL
 Mr. and Mrs. D. Eanes, VA
 Mr. and Mrs. D. Eaton, IN
 Ms. M. Emmons, NY
 Mr. and Mrs. R. Epps, IA
 Ms. J. Erickson, UT
 Ms. M. Essex, VA
 B. Fahey, VA
 Ms. R. Ficarrotta, NY
 Ms. B. Fortin, Europe
 Mr. D. Fraley, RI
 Mr. H. Frank, VA
 Mr. B. Freitas, WA
 Mr. E. Graham, VA
 Ms. S. Gray-Waggoner, MI
 Mr. and Mrs. G. Greer, CA
 Ms. D. Griggs, VA
 Mr. and Mrs. B. Grimord, VA
 Ms. J. Gustafson, CA
 Mr. M. Hall, FL
 Ms. L. Halperin, FL
 Mr. J. Harris, VT
 Ms. K. Hass, MD
 Mr. and Mrs. L. Hause, MN
 Mr. and Mrs. T. Haynes, CA
 Mr. and Mrs. C. Herman, CO
 Ms. L. Hilton, TX
 Mr. D. Hopkins, ME
 Ms. K. Hritz, CA
 Ms. L. Hueser, MN
 Ms. K. Jenkins, APO AE
 Johnson, CA
 Ms. J. Johnson, KS
 Ms. C. Jordan, OR
 Ms. S. Kang, OR
 Ms. S. Karlson, VA
 Mr. and Mrs. T. Carlson, VA
 Ms. C.J. Keith, UT
 Mr. J. Kelly, AZ
 Mr. M. Kelly, VA
 Ms. N. A. Kier RLT, UT
 Ms. C. Laux
 Mr. and Mrs. F. Lane, CA



Mutual First Federal employees in Omaha, NE conducted a drive with their local American Legion, Post 374, called "Support the Troops—Project Hope". The 50-employee credit union raised over \$2,200 and sent 4 boxes of clothing to LHCP.

I. Leonardi, UT
 Mr. W. Lill, Jr., CA
 Ms. R. Lussier, VA
 Ms. B. Manninen, MI
 Ms. M. Manning, FL
 Mr. D. Marion, TX
 Marylou, NY
 Mr. W. McAveney, VA
 Mr. K. Mixer, MI
 Ms. M. Moniz, NJ
 Ms. K. Monk, VA
 Mr. B. Moody, PA
 Ms. J. Muehlstein, TX
 Ms. D. Nelson, KS
 Ms. P. Nichols, APO AE
 H. Nowotka, Germany
 Ms. B. O'Brien, PA
 Mr. E. O'Campo, CA
 Ms. C. Okolski, MA
 Ms. K. Okolski, MA
 Ms. J. Parks, NJ
 Mr. J. Peters, WI
 Mr. S. Pisano, KY
 Mr. and Mrs. D. Redman, NY
 Mr. H. Reichlmeier, Bavaria, Germany
 Ms. T. Reitsma, CA
 Ms. E. Ringer, FL
 Ms. M. Roberts, FL
 Ms. P. A. Robertson, WA
 Ms. K. Rudnicki, NY
 Ms. B. Schochet, CA
 Ms. P. Seljeskog, SD
 Ms. E. Sessone, WA
 Ms. A. Shafer, NY
 Ms. L. Smith, LA
 Mr. and Mrs. G. Sorenson, NY
 Mr. J. Spliedt, ID
 Mr. D. Stephens
 Ms. S. Timberlake, VA
 Ms. J. Trammell, NC

Ms. J. Traynor, UT
 Ms. M. Troup, VA
 I. Tunstall, VA
 Mr. B. Updike, AZ
 Ms. R. Veronda, CA
 Ms. M. Waddell, NC
 Mr. G. Wardle, KY
 Ms. S. Ware, CA
 Ms. S. Wells, VA
 Mr. N. B. Williams, UT
 Mr. and Mrs. T. Wrage, SD
 Ms. C. Wold, UT

Thanks
 for your
 participation

Our heartfelt gratitude to these sponsors. Without you there would be no LHCP. Thanks, from the bottom of our hearts. — Members of LHCP

LHCP President Receives 2008 American Legion Auxiliary Public Spirit Award

The American Legion Auxiliary honored four outstanding women for their efforts to benefit our military, veterans, and their families with its prestigious Public Spirit Awards during the organization's 27th annual Awareness Assembly in Washington D.C.



Among those honored was our own Karen Grimord for her outstanding efforts to support wounded troops with comfort and care items through Landstuhl Hospital Care Project, which she founded in 2004 after a visit to Landstuhl Regional Medical Center in Germany.

Jan Pulvermacher-Ryan, National President of the American Legion Auxiliary, explains why Karen was selected for this award:

"The Public Spirit Award is presented to an individual or individuals who have shown an exemplary commitment to our military and our veterans. Not only by words do they live up to the spirit of this award, but more importantly by their deeds and actions. They truly put their money where their mouth is. Karen Grimord lives the very ideals that are espoused by the award criteria, care and concern for veterans, the military, and their families. She lives these values on a daily basis and is richly deserving of this award from the American Legion Auxiliary whose mission aligns itself with her same values."

She's Been There

According to Doris Ann Werlinger, National Executive Committee

Woman, she agrees wholeheartedly with Karen being awarded the Public Spirit Award because "she's been to the main places where LHCP sends items to military personnel, the hospitals." Equally important, Karen has "been with military personnel and their families in time of need, and... she actually knows what is needed." Werlinger continues, "She is just so caring and so supportive of our military personnel."

Past Recipients

All of the recipients this year are American Legion Auxiliary members. Previous recipients of the Public Spirit Award include General Colin Powell (Ret.), Hillary Rodham Clinton, former President Ronald Reagan, Jeanne Kirkpatrick,

Honorees for 1st Quarter 2008 Shipments

January



Army Sergeant Nicholas Gummersall, age 23, of Chubbuck, Idaho; assigned to 1st Battalion, 23rd Infantry Regiment, 3rd Brigade, 2nd Infantry Division (Stryker Brigade Combat Team), Fort Lewis, Wash.; died Aug. 6, 2007 in Baqubah, Iraq, of wounds sustained from an improvised explosive device. Also killed were Staff Sgt. Jacob M. Thompson, Cpl. Juan M. Alcantara and Cpl. Kareem R. Khan.

February



Navy Hospital Corpsman 2nd Class Charles Luke Milam, age 26, of Littleton, Colo.; assigned to 2nd Marine Special Operations Battalion, Camp Lejeune, N.C.; died Sept. 25, 2007 in Helmand province, Afghanistan, while conducting combat operations.

March



Army Private First Class Jesus Fonseca, age 19, of Marietta, GA; assigned to the 1st Battalion, 503rd Infantry Regiment, 2nd Infantry Division based at Camp Casey, South Korea; died Jan. 17, 2008 in a car bombing in Ramadi, Iraq.

For more information on our Honorees, go to:
www.LandstuhlHospitalCareProject.org



LHCP Update

**Landstuhl Hospital Care Project
29 Greenleaf Terrace
Stafford, VA 22556**

Maine DAR Conference “Sewing Bee” for LHCP

With the help of the Daughters of the American Revolution (DAR) chapters in Maine, Landstuhl Hospital Care Project continues to feel a strong sense of ongoing support from people who want a hands-on experience to demonstrate their support for the troops.

At the statewide 110th Conference for Maine DAR chapters in March, a “sewing bee” was held to attach sponsor labels to 73 blankets and 64 pillows that were donated by various chapters to LHCP for distribution to wounded troops.

Karen Grimord, president of LHCP, was also in attendance as guest speaker during the conference luncheon. Grimord shared stories of appreciation and thanks from troops in Iraq and Afghanistan when needed donations are received. She also shared a few “horror stories” of how easily old lists of formerly needed items create burdens. She discussed the importance for LHCP to remain in regular contact with chaplains and medical personnel to stay current—and for contributors to stay current, too.

Pictured with Karen Grimord is Valerie Owen, DAR Project Patriot State Chairman and LHCP member.

